

## **To: All Participants in the Teamsters Local No. 731 Health and Welfare Funds**

Effective December 1, 2019, the criteria for weight loss benefits (biometric surgery and weight loss medications) covered by the Funds has been changed. The Body Mass Index (BMI) has been lowered from 45 to 40. If you have at least one of the following comorbid conditions; (1) hypertension, (2) dyslipidemia, (3) diabetes, or (4) coronary heart disease, the BMI requirement is lowered from 40 to 35. All additional criteria for weight loss benefits remain the same.

Weight loss benefits must be prior approved by Med-Care Management at (800) 367-1934. For more information, kindly contact the Fund Office at (630) 887-4150 or visit [www.ibt731funds.org](http://www.ibt731funds.org).

