

# **BENEFIT IMPROVEMENT FOR ELIGIBLE IBT LOCAL 731 UNION MEMBERS AND DEPENDENTS 18+**

**To All Participants enrolled in the following Teamsters Local 731 Health and Welfare Funds:**

- Local No. 731, I.B. of T. Health and Welfare Fund;  
(Formally known as Private Scavengers and Garage Attendants & Linen and Laundry Health and Welfare Funds)
- Health & Welfare Fund of the Excavating, Grading and Asphalt Craft Local No. 731  
(Hereinafter referred to as “Plan or Plans”)

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The Board of Trustees is pleased to announce that effective July 1, 2023, the Funds are offering a Digital Physical Therapy program through **Hinge Health**.

The program is available to you and your eligible dependents who are age 18 or older at no cost.

The program gives you the tools you need to conquer back and joint pain, recover from injuries, prepare for surgery, and stay healthy and pain free. The web-based program allows you the flexibility to complete your therapy on your own schedule and in any location you choose, including your own home.

Hinge Health will be sharing more details about the program and how to sign up in the coming weeks. In the meantime, you can see how Hinge Health can help you by visiting [hinge.health/ibt731funds-enroll](https://hinge.health/ibt731funds-enroll).

## ■ **Questions?**

Kindly review our website at [www.ibt731funds.org](https://www.ibt731funds.org), access the Customer Support section of the Viveka Health mobile application, or contact the Fund Office at (630) 887-4150.

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**KINDLY RETAIN THIS NOTICE WITH YOUR  
SUMMARY PLAN DESCRIPTION BOOKLET FOR FUTURE REFERENCE**



## **Summary of Material Modifications**

**EIN 36-2392752/PN 501**

**EIN 36-6073848/PN 501**

**July 2023**

